

## Proclamation

WHEREAS, on behalf of the citizens of the state of Louisiana, I join Nickelodeon and the Alliance for a Healthier Generation – a joint initiative of the American Heart Association and the William J. Clinton Foundation – in celebrating World Wide Day of Play and in ensuring that today's generation of kids become one of the healthiest; and

WHEREAS, the rates of childhood obesity are rising at alarming rates; and

**WHEREAS**, today's generation of children could be the first to live shorter lives than their parents, according to some experts; and

WHEREAS, conditions not usually seen until adulthood such as heart disease, diabetes, elevated cholesterol and high blood pressure are becoming more prevalent in children; and

WHEREAS, today's children, and adults, don't get as much physical activity as they should; and

**WHEREAS**, nutritious diets and physical activity are an important component to living healthy lifestyles and reducing disease; and

**WHEREAS**, overweight adolescents have a 70 percent chance of becoming overweight or obese adults.

NOW, THEREFORE, I, Kathleen Babineaux Blanco, Governor of the State of Louisiana, do hereby proclaim September 30, 2006, as

## LOUISIANA WORLD WIDE DAY OF PLAY

and urge youth and families to Go Healthy by engaging in healthy behaviors such as walking, playing games, hiking, cooking healthy meals, etc.



Allest By The Governor

Secretary of State

In Nilness Whereof, I have hereunto sel my hand officially and caused to be affixed the Great Seal of the State of Louisiana, at the Capitol, in the City of Balon Rouge, on this the \_\_\_\_\_\_\_18th \_\_\_\_\_\_\_day of \_\_\_\_\_ September

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